



# Unicist Reflection

## The Personal Driver of the Unicist Functionalist Approach

Reflection is an individual process that can be fostered or inhibited by the context. Unicist Reflection is needed to apprehend the concepts and fundamentals that underlie adaptive systems and define the root causes of their functionality. These concepts are defined by the unicist ontologies of the systems, which are based on their functionalities. The discovery of concepts and their use requires being focused on the value that needs to be generated.

The unicist reflection process is needed to:

- Learn to manage functional approaches
- Diagnose adaptive systems
- Develop strategies
- Build solutions in adaptive environments
- Design adaptive systems and solutions

The structures of the concepts that are discovered in a reflection process are timeless and cross-cultural. They exist as long as the function they define exists, but the content that defines the operation of the concepts is conjuncture dependent.

There is no need to reflect when the concept one has is functional. The reflection process implies changing one's concepts, which requires internal time. This internal time varies from person to person.

## The Framework of the Unicist Reflection Process

- 1) Based on your experience, put your spontaneous opinion on the concept that defines the functionality of an adaptive entity in writing.
- 2) Describe the unicist ontological justification of your opinion using unicist logic.
- 3) Compare the unicist ontological justification with a validated ontogenetic map.
- 4) Based on your comparison, redefine the concept that describes the specific functionality of the adaptive entity and define the actions that allow confirming it.
- 5) Experience the functionality of the entity by developing actions in a predefined segment of the real world.
- 6) Redefine the concept that describes the functionality based on the experience you had by using the "Q" method.
- 7) Define the hypothetical limits of the functionality of the concept of the entity.
- 8) Test the extension of the limits of the functionality of the concept using destructive tests based on two possible approaches:
  - a) Expand the functional use beyond the initially approached segment (Going from Yes to No).
  - b) Begin with the dysfunctional segments and restrict the use towards functional segments (Going from No to Yes).
- 9) Confirm the specific ontogenetic map of the concept of the adaptive entity.
- 10) Experience it until this concept is stored in the long-term memory and it is part of your intuitive approach.

**The Unicist Research Institute**